



Organised by Karate Club Bettembourg

International Karate championship

# 15<sup>th</sup> Milon Cup

## Kata-Kumite

**GE**  
GARAGE DE L'EST

**January 11<sup>th</sup> 2020**  
**Centre sportif Bettembourg (LU)**

30, rue James-Hillard Polk  
L-3275 Bettembourg



Registration via [Sportsdata.org](https://sportsdata.org)

## ORGANIZER CONTACT

Karaté Club Bettembourg

E-mail: [kcb@karatebettembourg.lu](mailto:kcb@karatebettembourg.lu)

Phone: [+352 58 46 43](tel:+352584643)

## EVENT INFORMATION

[www.sportdata.org](http://www.sportdata.org)

<https://www.facebook.com/KarateBettembourg/>

## SITE and DATE

### Site

4, rue James-Hillard Polk  
L-3275 BETTEMBOURG  
GRAND-DUCHE DU LUXEMBOURG

### Event date

Saturday 11th January 2020

## ENTRY FEE

The entry fees are:

- 25€ per individual category
- 30€ per kata team
- 15€ per coach

Tickets price: 8€

Payment can be done by

ING Bank account:  
IBAN  
BIC/QWIFT

Karaté Club Bettembourg  
LU58 0141 6143 4401 0000 EUR  
CELLLULL

## REGISTRATION

All competitors, referees, coaches must register online on **sportdata.org** using the online system

**The registrations will be effective when the paiement is completed.**

## WEIGHING

Friday 10/01/2020 - from 18h00 to 20h00  
Saturday 11/01/2020 - from the beginning of the event until 15h00

**Every category change after entry deadline (due to a false age or weight) will be charged 10€ and sign up for the correct category.**

## COMPETITION RULES

WKF rules will be applied for all categories

Repechages and 2 third places for all categories

Sportswear is mandatory for coaches.

Access to the competition area will only be permitted with the official registration card and only during the athlete competition.

**Coaches without card and/ or without a suitable photo won't be allowed into the competition area**

Tooth protection, fist protectors, shin foot pads, belts and **body protection** of both colors are **mandatory for all competitors registered in kumite categories.**

Competitors who do not meet these obligations will be disqualified (there will be a vending stand).

Competitors will be called at the warm-up area.

All competitors must be present at the warm-up area **at least 60 minutes before the scheduled start** of their respective categories with they competitor card

## COMPETITION SCHEDULE

Kata	8:00 - 12:00
Kumite	Starting at 13:00

Please notice that hours may be subject to changes

## CATEGORIES

<u>KATA FEMALE / MALE</u>	<u>KUMITE</u>		
	Age	Female	Male
U10 (8-9 year) U12 (10-11 year) U14 (12-13 year) U16 (14-15 year) U18 (16-17 year) Senior +18 years Veterans 35+ years Kata Teams Female Kata Teams Male	U10 (8-9 year)	-30kg -35kg +35kg	-30kg -35kg +35kg
	U12 (10-11 year)	-35kg -40kg -45kg +50kg	-35kg -40kg -45kg +50kg
	U14 (12-13 year)	-40kg -45kg -50kg +50kg	-40kg -45kg -50kg +50kg
	U16 (14-15 year)	-45kg -50kg -55kg +55kg	-45kg -50kg -55kg +55kg
	U18 (16-17 year)	-50kg -55kg -60kg +60kg	-50kg -55kg -60kg +60kg
	U21 (18-20 year)	-60kg -65kg -75kg +75kg	-60kg -65kg -75kg +75kg
	Senior (+18 years)	-60kg -65kg -75kg +75kg AND OPEN	-60kg -65kg -75kg +75kg AND OPEN
	Round duration: 1:30 min for children under 14 2 min for every one over 14 3 min for U21 and seniors female and male		
	Please notice that categories and round duration may be subject to changes		

## IMPORTANT NOTES

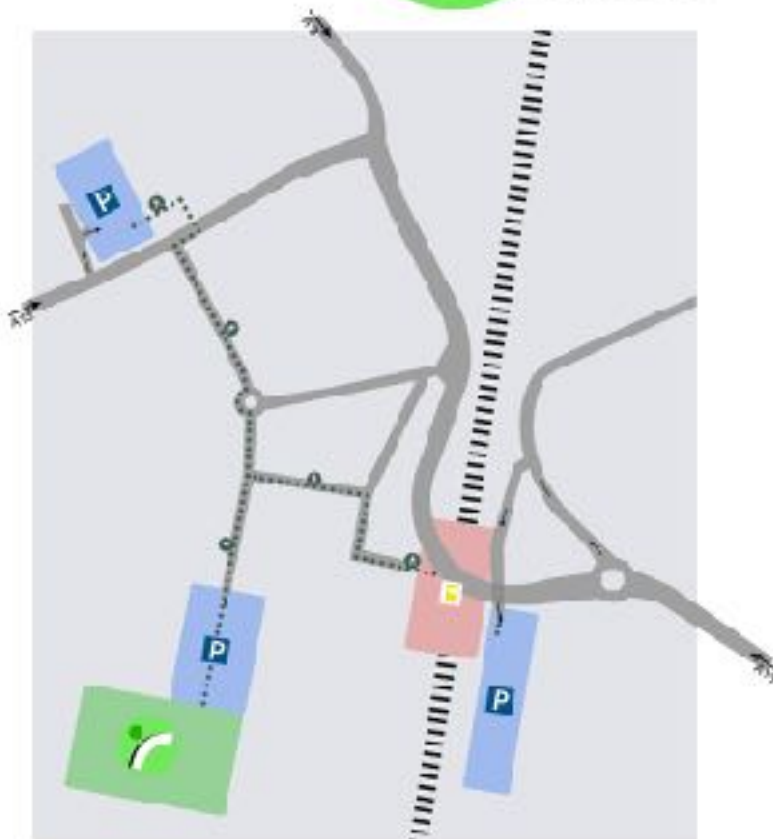
Photographs will be taken at the event for promotional purposes and will be published on our website and/ or Facebook page.

It is the responsibility of each individual, or parent of a competitor if under 18 years of age, to have their own insurance cover for the event. Please advise your competitors accordingly regarding insurance cover. It is the responsibility of the clubs and coaches to ensure that all competitors are aware of this and have been advised of adequate cover.

The event team can not accept responsibility for any such injury, loss or accident arising from your participation in our event and asks to be aware, to agree and accept this by entering or giving permission to enter this event.

## PARKING

### Coupe Milon Parking





# ANNEX

## 5.1 Official kata list

Only kata from the official kata list may be performed.

1	Anan	35	Jim	69	Passai
2	Anan Dai	36	Jion	70	Pinan Shodan
3	Ananko	37	Jire	71	Pinan Nidan
4	Aoyagi	38	Juroku	72	Pinan Sandan
5	Bassai	39	Kanchin	73	Pinan Yondan
6	Bassai Dai	40	Kanku Dai	74	Pinan Godan
7	Bassai Sho	41	Kanku Sho	75	Rohai
8	Chatanyara Kusanku	42	Kanshu	76	Saifa
9	Chibana No Kushanku	43	Kishimoto No Kushanku	77	Sanchin
10	Chinte	44	Kousonkun	78	Sansai
11	Chinto	45	Kousonkun Dai	79	Sanseim
12	Enpi	46	Kousonkun Sho	80	Sanseru
13	Fukyugata Ichi	47	Kururunfa	81	Seichin
14	Fukyugata Ni	48	Kusanku	82	Seienchin (Seiyunchin)
15	Gankaku	49	Kyan No Chinto	83	Seipai
16	Garyu	50	Kyan No Wanshu	84	Seiryu
17	Gekisai (Geksa) 1	51	Matsukaze	85	Seishan
18	Gekisai (Geksa) 2	52	Matsunura Bassai	86	Seisan (Sezan)
19	Gojushuho	53	Matsunura Rohai	87	Shiho Kousoukun
20	Gojushuho Dai	54	Meikyo	88	Shimpa
21	Gojushuho Sho	55	Myojo	89	Shinsei
22	Hakuchu	56	Naifanchin Shodan	90	Shisochin
23	Hangetsu	57	Naifanchin Nidan	91	Sochin
24	Haufo (Haffa)	58	Naifanchin Sandan	92	Suparinpei
25	Heian Shodan	59	Naihanchi	93	Tekki Shodan
26	Heian Nidan	60	Nijushuho	94	Tekki Nidan
27	Heian Sandan	61	Nipaipo	95	Tekki Sandan
28	Heian Yondan	62	Niseishi	96	Tensho
29	Heian Godan	63	Ohan	97	Tomari Bassai
30	Heiku	64	Ohan Dai	98	Unshu
31	Ishimine Bassai	65	Oyadomari No Passai	99	Unsu
32	Itosu Rohai Shodan	66	Pachu	100	Uzeishi
33	Itosu Rohai Nidan	67	Pailu	101	Wankan
34	Itosu Rohai Sandan	68	Papuren	102	Wanshu

*Note: Names of some kata are duplicated due to the variations customary in spelling in Romanization. In several instances a kata may be known under a different name from style (Ryu ha) to style, - and in exceptional instances an identical name may in fact be a different kata from style to style.*