

Wallonia International Karate Cup

WELCOME

The Wallonia International Karate Cup is a competition open to athletes of all levels. It includes both Kata and Kumite, with WKF rules applied by national and international referees.

The competition follows a single-elimination system. Registration, draws, and statistics will be managed through Sportdata.

We are delighted to welcome you to the Wallonia International Karate Cup. Your passion, determination, and sportsmanship make this event truly special. We wish you all a memorable and successful competition.

All athletes finishing on the podium will receive:

- 1st place: Trophy • 2nd and 3rd places: Medal

We look forward to welcoming you and hope to see many participants.

VENUE

Andenne Arena Sports Hall

Rue Docteur Melin, 14

5300 Andenne

Belgium

CONTACT

anouarkarate98@gmail.com

KATA CATEGORIES

Female & Male

U8 – U10 – U12 – U14 – U16 – U18 – U21 – Seniors (+16) – Veterans (+35) – Para-Karate
(Visually Impaired – Blind and Visually Impaired, Intellectually Impaired, Wheelchair Users)

KATA RULES: Please refer to the appendix below for detailed Kata rules

WEIGHT CATEGORIES KUMITE

Category	Female	Male
U8	-30, +30	-30, +30
U10	-30, -35, -40, +40	-30, -35, -40, +40
U12	-35, -40, -45, +45	-35, -40, -45, +45
U14	-47, -52, +52	-45, -50, -55, +55
U16	-47, -54, -61, +61	-52, -57, -63, -70, +70
U18	-48, -53, -59, -66, +66	-55, -61, -68, -76, +76
U21	-50, -55, -61, -68, +68	-60, -67, -75, -84, +84
Senior	-50, -55, -61, -68, +68	-60, -67, -75, -84, +84
Senior Veterans	-61, +61	-75, +75

REGISTRATION

The competition starts promptly at 8:30 a.m.

The official weigh-in will take place on the day of the competition from 8:00 a.m. to 3:00 p.m. in the sports hall.

WEIGHT TOLERANCE

Female: 1 kg ; Male: 0.5 kg

ATHLETE CHECK-IN

Competitors must report to the warm-up area at least 60 minutes before the start of their category with their accreditation card. Athletes who fail to respond after three calls will be disqualified. Only competing athletes and accredited coaches are permitted in the warm-up and competition areas. Coaches must wear a tracksuit and be clearly identifiable.

PROTECTIVE EQUIPMENT

The following protective equipment is mandatory (WKF Rules apply):

- Mouthguard
- Red and blue gloves
- Red and blue shin and foot protectors
- Body protector for all competitors
- Additional female chest protector
- Groin protector (male competitors)
- Red and blue belts
- For U6 to U14, WKF helmets and body protectors will not be provided by the organizer.

BOUT DURATION

- 1 minute: U8, U10 • 1 minute 30 seconds: U12, U14
- 2 minutes: U16, U18 • 3 minutes: Seniors, U21 and Veterans

ENTRY FEES FOR COMPETITORS

€35 per category. No category changes are permitted on the day of the competition.

Any category change after the registration deadline (due to incorrect age or weight) will incur an additional €15 fee. Registration is only valid upon receipt of payment.

Entry fees must be transferred to our bank account before the registration deadline of 15 November 2026, or before the limit of 700 competitors has been reached.

Bank details : KC Andenne : IBAN: BE74 0682 1843 2307

Please include "Wallonia Karate Cup 2026", together with your dojo name and country, in the payment reference.

COACH REGISTRATION FEE

€10 per coach.

Coaches must:

- Register through Sportdata • Be at least 16 years old
- Wear a tracksuit during the competition.

Appendix for detailed Kata rules

KATA REGULATIONS

Category	Authorized Kata	Repetition Rule
U8	Basic Kata	2 different kata – repetition allowed from the 3th round.
U10	Basic Kata	2 different kata – repetition allowed from the 3th round.
U12	Basic Kata + 1 Official WKF Kata for the final	3 different kata – repetition allowed from the 4th round.
U14	Official WKF Kata List	WKF U14 Rules (4 different kata – repetition allowed from the 5th round).
U16	Official WKF Kata List	5 different kata. No consecutive repetition. A kata may not be performed more than twice during the competition. For the medal match, any kata may be used unless it has already been performed twice.
U18	Official WKF Kata List	Current WKF Rules.
U21	Official WKF Kata List	Current WKF Rules.
Senior	Official WKF Kata List	Current WKF Rules.
Veterans (+35)	Official WKF Kata List	Current WKF Rules.
Para-Karate U16+	Official WKF Kata List	Current WKF Para-Karate Rules.

BASIC KATA

Style	Basic Kata
Shotokan	Taikyoku Shodan, Taikyoku Nidan, Taikyoku Sandan, Heian Shodan, Heian Nidan, Heian Sandan, Heian Yondan, Heian Godan
Goju-Ryu	Fukyu Kata Dai Ichi, Fukyu Kata Dai Ni, Gekisai Dai Ichi, Gekisai Dai Ni, Shi Ho Uke Ichi, Shi Ho Uke Ni, Shi Ho Uke San, Taikyoku Jodan, Taikyoku Kake Uke, Taikyoku Mawashi Uke
Shito-Ryu	Shiozuki 1, Shiozuki 2, Juni no Kata Shodan, Juni no Kata Nidan, Pinan Shodan, Pinan Nidan, Pinan Sandan, Pinan Yondan, Pinan Godan, Shinsei Ichi, Shinsei Ni
Wado-Ryu	Kihon Shodan, Kihon Nidan, Pinan Shodan, Pinan Nidan, Pinan Sandan, Pinan Yondan, Pinan Godan

WORLD KARATE FEDERATION KATA COMPETITION RULES Valid from 1-1-2026

OFFICIAL WKF KATA LIST

APPENDIX 1: OFFICIAL KATA LIST

1	Anan	35	Jiin	69	Passai
2	Anan Dai	36	Jion	70	Pinan Shodan
3	Ananko	37	Jitte	71	Pinan Nidan
4	Aoyagi	38	Juroku	72	Pinan Sandan
5	Bassai	39	Kanchin	73	Pinan Yondan
6	Bassai Dai	40	Kanku Dai	74	Pinan Godan
7	Bassai Sho	41	Kanku Sho	75	Rohai
8	Chatanyara Kusanku	42	Kanshu	76	Saifa
9	Chibana No Kushanku	43	Kishimono No Kushanku	77	Sanchin
10	Chinte	44	Kousoukun	78	Sansai
11	Chinto	45	Kousoukun Dai	79	Sanseiru
12	Enpi	46	Kousoukun Sho	80	Sanseru
13	Fukyugata Ichi	47	Kururunfa	81	Seichin
14	Fukyugata Ni	48	Kusanku	82	Seienchin (Seiyunchin)
15	Gankaku	49	Kyan No Chinto	83	Seipai
16	Garyu	50	Kyan No Wanshu	84	Seiryu
17	Gekisai (Geksai) 1	51	Matsukaze	85	Seishan
18	Gekisai (Geksai) 2	52	Matsumura Bassai	86	Seisan (Sesan)
19	Gojushiho	53	Matsumura Rohai	87	Shiho Kousoukun
20	Gojushiho Dai	54	Meikyo	88	Shinpa
21	Gojushiho Sho	55	Myojo	89	Shinsei
22	Hakusho	56	Naifanchin Shodan	90	Shisochin
23	Hangetsu	57	Naifanchin Nidan	91	Sochin
24	Haufa (Haffa)	58	Naifanchin Sandan	92	Suparinpei
25	Heian Shodan	59	Naihanchi	93	Tekki Shodan
26	Heian Nidan	60	Nijushiho	94	Tekki Nidan
27	Heian Sandan	61	Nipaipo	95	Tekki Sandan
28	Heian Yondan	62	Niseishi	96	Tensho
29	Heian Godan	63	Ohan	97	Tomari Bassai
30	Heiku	64	Ohan Dai	98	Unshu
31	Ishimine Bassai	65	Oyadomari No Passai	99	Unsu
32	Itosu Rohai Shodan	66	Pachu	100	Useishi
33	Itosu Rohai Nidan	67	Paiku	101	Wankan
34	Itosu Rohai Sandan	68	Papuren	102	Wanshu

In reporting the kata to be performed use the designated number. Should there be inconsistency between the number and the name of the kata, the number will be considered the reported kata to be performed.

28 novembre 2026
Andenne Arena

14 rue Docteur Melin à Andenne



VILLE D'ANDENNE



**ANDENNE
ARENA**

Wallonia International Karate Cup

Kata & Kumité

In collaboration with the city of Andenne (the city of Bears)

U8 to seniors and veterans + Para-Karaté

REGISTRATION VIA:
www.sportdata.org



ANDENNE
— BELGIUM —